



Week One

Monday

Freshly Prepared Tortilla Wraps:
Ham or Cucumber with Cream Cheese
Dried Fruit. & Carrot Sticks

Tuesday

Hot Baked Beans with Fresh Soft Rolls.
Fresh Fruit

Wednesday

Freshly Made Sandwiches filled with
Tuna or Cheese & Tomato
Fruit Yoghurt

Thursday

Cheese Chunks with Savoury Crackers.
Cherry Tomatoes & Grapes

Friday

Freshly Made Sandwiches filled with
Egg & Cress or Salmon Spread
Cucumber sticks.

Week Three

Monday

Fresh Made Sandwiches with
Tuna & Sweetcorn or Cheese & Tomato
Dried Fruit & Cherry Tomatoes

Tuesday

Freshly prepared Tortilla Wraps:
Ham & Tomato or Cheese
Carrot & Cucumber Sticks.

Wednesday

Hot Baked Beans and Fresh Soft Rolls
Fresh Fruit

Thursday

Fresh Soft Rolls filled with:
Salmon or Cheese & Cucumber.
Dried Fruit. Carrot sticks

Friday

Pitta Bread served with home-made
Hummus and freshly made Dips
Dried Fruit

Tea Menu

Week Two

Monday

Freshly Prepared Tortilla Wraps:
Cheese & Cucumber or Egg & Cucumber
Carrot Sticks & Fresh Fruit

Tuesday

Fresh Soft Rolls filled with:
Chicken & Cucumber or Tuna & Cucumber
Yoghurt

Wednesday

Freshly Made Sandwiches with
Cream Cheese & Ham or Cucumber
Carrot Sticks & Dried Fruit.

Thursday

Hot Spaghetti served with Fresh Soft Rolls
Fresh Fruit

Friday

Cheese Chunks & Savoury Crackers
Cherry Tomatoes & Grapes

Week Four

Monday

Cheese Chunks & Savoury Crackers
Cherry Tomatoes & Grapes

Tuesday

Freshly prepared Tortilla Wraps with:
Tuna & Cucumber or Chicken & Tomato
Fresh Fruit

Wednesday

Hot Spaghetti & Fresh Soft Rolls.
Yoghurt

Thursday

Pitta Bread served with Homemade Hummus &
Freshly Made Dips
Cherry Tomatoes & Cucumber sticks

Friday

Fresh Soft Rolls filled with Cheddar Cheese
or Chicken & Soft Cheese
Fresh Fruit